

FITSTART 4 KIDS

NEWSLETTER EDITION 2, Mar/Apr 2009



Welcome to the second edition of Fitstart 4 Kids Newsletter. This will keep you up to date with everything that is going on out our venue.

UNDER NEW MANAGEMENT - as of the 31st December 2008. About the new owners: Emily Quenette – Director is a mother of 3 young boys who are full of Energy, Loves Children and has a passion for Fitness & Nutrition. Qualified Fitness Instructor Certificate 3, Specializes in Childrens Fitness & Nutrition, Mini Moves Instructor, Level 2 First Aid Trained, Police checked & Anaphylaxis Trained.

Our Mission is to promote Health & well being to families through physical activity, healthier eating and Fun.

WHATS NEW?

Play group

Starting Term 2 Playgroup Monday afternoons 1.30pm – 3pm please ask for more info

Play Centre

Monday 9am -4pm
Tuesday/Weds/ Friday 9-1pm
Sat 9am-12pm
Entry \$5.50 under 12mths Free

Friendly Reminders... siblings cost \$2.75 to play in the play Centre whilst their brothers / sisters are attending a class.

We also request that no outside food is brought into our centre (except baby food), this is due to Health regulations and protecting those children who have food allergies. Our cafe has great tasting coffee & homemade treats

Kiddie Club Occasional Care

Finally we have had our inspection done by the Department of Early Childhood Education and all went well so we will be opening very soon. Places are limited so if you are thinking of having that well deserved break from your children put your name down to reserve your place. It will be open from 9am – 1pm Tues / Weds & Fridays. New Qualified Staff Michelle & Effie are looking forward to working with your children. Please pick up an enrolment form and information of the program.

Market day / Open day!

Next market and open day is May 31st, 9AM –1PM. **SAVE THE DATE.** Free fun for the kids!

We are planning to hold regular market days throughout the year where you can book a stall and sell all your unwanted pre-loved & New baby or

children's goods. Taking bookings for stall holders Now!!! \$20 per Stall

Holiday Program

April school holiday dates - 6TH, 7TH, 8TH, 14TH, 15TH, & 17TH

1 Session \$35 per child

2 sessions \$30 per child

3 Sessions \$25 per child

We will also have the Occasional care running for those wishing to book their younger children in at the same time

Parties

Book our venue exclusive to you for your party!!!

Timetable Term 2 2009

OUT NOW! We have made few adjustments and adding some new and exciting classes.....Song & Dance, Jazz and Ball Sports to name a few!!

<http://www.fitstart4kids.com.au/timetable.html>

If you are wishing to re-enrol your child/children into the same class next Term please let Emily know. A Deposit of \$20 to confirm your place.

Classes - Book Now!

- HI 5 Dance class
- Wiggley dance
 - Fairy ballet
 - Toddler Fun / Dance
- Kinder Moves
- Mini Moves
- Art classes
- Drama performance
- Junior tap classes
- Hip Hop Jazz Adults
- Circuit for Adults
- Personal Training
- Private playgroups / mothers group room

Class Highlight

Art classes

3-5yrs & 5-12yrs

Mondays!

Family entertainment night
\$25/family of 4

April 17th, 5:30 - 8:30
Pizza provided

Bring your family and friends